



LARA SWIMMING CLUB ALL-ABILITIES ENCOURAGEMENT MEET

FUN COMPETITION

OPEN TO ALL REGISTERED & NON-REGISTERED SWIMMERS

SATURDAY 15 FEBRUARY 2025 - 9:00AM START

(Warm up: 8.00a.m – 8.45a.m)

ABE & JEAN McCLELLAND OUTDOOR POOL

Bank Street, Lara, 3212

This event is sponsored by:



**LARA DISTRICT
COMMUNITY
BANK BRANCH**

FEMALE	MALE	AGE	EVENT	FEMALE	MALE	AGE	EVENT
TIME-TRIAL EVENTS							
1	2	10 & Under	50 m Breaststroke	7	8	15 / 16 Years	50 m Breaststroke
3	4	11 / 12 Years	50 m Breaststroke	9	10	17 & Over	50 m Breaststroke
5	6	13 /14 Years	50 m Breaststroke				
HANDICAP EVENTS							
11	MIXED	8 & Under	25 m Backstroke	16	17	15 – 40 Years	50 m Backstroke
12	13	10 & Under	50 m Backstroke	18	19	41 & Over	50 m Backstroke
14	15	11 – 14 Years	50 m Backstroke				
TIME-TRIAL EVENTS							
20	21	10 & Under	50 m Butterfly	26	27	15 / 16 Years	50 m Butterfly
22	23	11 / 12 Years	50 m Butterfly	28	29	17 & Over	50 m Butterfly
24	25	13 /14 Years	50 m Butterfly				
HANDICAP EVENTS							
30	31	10 & Under	50 m Freestyle	34	35	16 & Over	50 m Freestyle
32	33	11 - 15 Years	50 m Freestyle				
TIME-TRIAL EVENTS							
36	MIXED	8 & Under	25 m Kickboard	37	MIXED	8 & Under	50 m Kickboard
DASH FOR CASH – TIME TRIAL EVENT							
38	39	OPEN	50 m Stroke of Choice				
HANDICAP EVENTS							
40	MIXED	10 & Under	50 m Butterfly	43	44	16 & Over	50 m Butterfly
41	42	11 - 15 Years	50 m Butterfly				
TIME-TRIAL EVENTS							
45	MIXED	8 & Under	25 m Freestyle	50	51	12 / 13 Years	50 m Freestyle
46	47	9 & Under	50 m Freestyle	52	53	14 / 15 Years	50 m Freestyle
48	49	10 / 11 Years	50 m Freestyle	54	55	16 & Over	50 m Freestyle
HANDICAP EVENTS							
56	MIXED	10 & Under	50 m Breaststroke	59	60	16 & Over	50 m Breaststroke
57	58	11 - 15 Years	50 m Breaststroke				
TIME-TRIAL EVENTS							
61	MIXED	8 & Under	25 m Backstroke	66	67	12 / 13 Years	50 m Backstroke
62	63	9 & Under	50 m Backstroke	68	69	14 / 15 Years	50 m Backstroke
64	65	10 / 11 Years	50 m Backstroke	70	71	16 & Over	50 m Backstroke
2 X 50 METRE TIME-TRIAL RELAYS (ENTRIES ON PAPER ONLY)							
72	Same or Mixed Gender PAIRS RELAYS			COMBINED Ages: 20 Years & Under			
73	Same or Mixed Gender PAIRS RELAYS			COMBINED Ages: 24 Years & Under			
74	Same or Mixed Gender PAIRS RELAYS			COMBINED Ages: 50 Years & Under			
75	Same or Mixed Gender PAIRS RELAYS			COMBINED Ages: 50 Years & Over			

❖ **AN ENTRY TIME MUST BE PROVIDED WHEN ENTERING HANDICAP EVENTS**

- ❖ Handicap Events will be judged using zero time method
- ❖ Monetary award for winners of both Event 38 and Event 39 Dash for Cash
- ❖ Swimmers competing in Dash for Cash (Event 38 or 39) are required to enter at least two other individual events

Entries: Individual Event: \$10.00 Pairs Relays: \$15.00

OPTIONAL METHODS OF ENTRY:

- ❖ **Registered Swimmers:** SwimCentral via Swimming Victoria website
- ❖ **Non-registered Swimmers:** Deposit payment, complete entry form (attached) and Email to: laraentries@gmail.com
Electronic Banking Details: Lara Swimming Club Bendigo Bank BSB: 633-000 Account Number: 105409791

Entries Close 23:59 pm Saturday 8th February 2025

Programs & Proposed Timeline: Available on Lara Swimming Club Website Friday 14 February 2025:

www.laraswimmingclub.com.au

Limited Number of Programs will be made available for purchase on the Day: \$5

Pool Entry: No Cost

Enquiries: Lara Swimming Club : laraentries@gmail.com

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9:00AM SATURDAY 15 FEBRUARY 2025



ENTRY FORM

Surname: _____ Given Name: _____ Gender: Male / Female: _____

Date of Birth: _____ Age as at 15.02.25: _____ Phone Number: _____

Address: _____ Swimming Club (if applicable): _____

Time trial Events: NT if no time available

Handicap Events: **ENTRY TIME REQUIRED**

EVENT	AGE	STROKE	ENTRY TIME	ENTRY FEE
11	8 & Under	25 m Backstroke Handicap	59:00	\$10.00

2 x 50m PAIRS RELAY

EVENT	AGE	TEAM MEMBERS	ENTRY TIME	ENTRY FEE
60	Combined Ages: 50 Years & Over	Joe Blogs & Jack Frost	1:50:00	\$15.00
			TOTAL FEE	

METHOD OF ENTRY – Non-registered swimmers:

Events: Refer to the competition flyer to obtain event details when completing the entry form

Payment: Arrange payment of total entry fee into Lara Swimming Club bank account and save copy of funds transfer confirmation

Banking Details: **Bendigo Bank** **Account:** Lara Swimming Club **BSB:** 633-000 **Account Number:** 105409791
(Please state name & "EC" in transaction details)

Entry: Forward copy of payment confirmation and completed entry form to: laraentries@gmail.com **Entries Close** 23:29 pm Saturday 8th February 2025

Enquiries: Laraentries@gmail.com