



LARA SWIMMING CLUB

2024 ANNUAL SUMMER MEET

**LARA
DISTRICT
COMMUNITY
BANK
BRANCH**

PROPOSED QUALIFYING MEET (S.A.T.S. IN USE)

SATURDAY 30th NOVEMBER 2024

KARDINIA AQUATIC CENTRE, Park Crescent, Geelong
(50m OUTDOOR POOL)

11/U Swim Suits Rules will be applied at this meet

COMPETITION BEGINS AT 9:00AM (WARM-UP FROM 8:00AM)

FEMALE	MALE	EVENT		
1	x	100m	OPEN	Breaststroke H'Cap
2	3	200m	OPEN	Individual Medley
4	5	50m	8/U	Butterfly
6	7	50m	9/10	Butterfly
8	9	50m	11/12	Butterfly
10	11	50m	13/14	Butterfly
12	13	50m	15/OVER	Butterfly
14	15	200m	OPEN	Butterfly
16	17	50m	8/U	Backstroke
18	19	50m	9/10	Backstroke
20	21	50m	11/12	Backstroke
22	23	50m	13/14	Backstroke
24	25	50m	15/OVER	Backstroke
26	27	200m	OPEN	Backstroke
28	29	50m	8/U	Breaststroke
30	31	50m	9/10	Breaststroke
32	33	50m	11/12	Breaststroke
34	35	50m	13/14	Breaststroke
36	37	50m	15/OVER	Breaststroke
38	39	200m	OPEN	Breaststroke
40	41	50m	8/U	Freestyle
42	43	50m	9/10	Freestyle

FEMALE	MALE	EVENT		
44	45	50m	11/12	Freestyle
46	47	50m	13/14	Freestyle
48	49	50m	15/OVER	Freestyle
50	51	200m	OPEN	Freestyle
52	53	100m	11/U	Butterfly
54	55	100m	12/13	Butterfly
56	57	100m	14/15	Butterfly
58	59	100m	16/OVER	Butterfly
60	61	100m	11/U	Backstroke
62	63	100m	12/13	Backstroke
64	65	100m	14/15	Backstroke
66	67	100m	16/OVER	Backstroke
68	69	100m	11/U	Breaststroke
70	71	100m	12/13	Breaststroke
72	73	100m	14/15	Breaststroke
74	75	100m	16/OVER	Breaststroke
76	77	100m	11/U	Freestyle
78	79	100m	12/13	Freestyle
80	81	100m	14/15	Freestyle
82	83	100m	16/OVER	Freestyle
84	85	400m	OPEN	Freestyle
86	87	400m	OPEN	Individual Medley

Entries: Online entry via Swim Central on Swimming Victoria website.

Age as at 30 November 2024

\$12 per event (includes \$1.25 SV levy).

Entries close: 10pm Saturday 23 November, 2024

No Refunds for swimmers who withdraw from events.

A copy of the program and proposed timeline of events will be published on Swim Central website and available for download a few days prior to the meet.

Email: laraentries@gmail.com

Lara Swimming Club website ... www.laraswimmingclub.com.au

ENTRY INFORMATION

- The meet will be conducted in alignment with Swimming Australia Limited and Swimming Victoria guidelines
- Swimmers wishing to enter the competition must be **REGISTERED SWIMMING MEMBERS**.
- The **Alice Burton Trophy** will be presented to the winner of Event 1 (Open Girls 100m Breaststroke Handicap). The final for Event 1 will be swum at the conclusion of Event 51 if required. Otherwise, the event will be swum as programmed
- Results of Events 40 - 49 will be taken into account when awarding the **Ruby Lord Memorial Cup** (girls) and the **Hitchcock Shield** (boys) (Applicable to swimmers representing BSWSA Clubs only).
- **FREE ENTRY** for competitors, spectators, coaches, and officials.