



LARA SWIMMING CLUB

ALL-ABILITIES ENCOURAGEMENT MEET

FUN COMPETITION

OPEN TO ALL REGISTERED & NON-REGISTERED SWIMMERS

SUNDAY 28th FEBRUARY 2021 - 9:00AM START

(Warm up: 8.00a.m – 8.45a.m)

ABE & JEAN McCLELLAND OUTDOOR POOL

Bank Street, Lara, 3212

| GIRLS | BOYS | AGE | EVENT | GIRLS | BOYS | AGE | EVENT |
|---|-----------------------------------|---------------|-------------------------|---------------------------------|-------|---------------|-------------------------|
| TIME-TRIAL EVENTS | | | | | | | |
| 1 | 2 | 10 & Under | 50 m Breast / Butterfly | 7 | 8 | 15 / 16 Years | 50 m Breast / Butterfly |
| 3 | 4 | 11 / 12 Years | 50 m Breast / Butterfly | 9 | 10 | 17 & Over | 50 m Breast / Butterfly |
| 5 | 6 | 13 / 14 Years | 50 m Breast / Butterfly | | | | |
| HANDICAP EVENTS | | | | | | | |
| 11 | MIXED | 8 & Under | 25 m Backstroke | 16 | 17 | 15 – 40 Years | 50 m Backstroke |
| 12 | 13 | 10 & Under | 50 m Backstroke | 18 | 19 | 40 & Over | 50 m Backstroke |
| 14 | 15 | 11 – 14 Years | 50 m Backstroke | | | | |
| DASH FOR CASH – TIME TRIAL EVENT | | | | | | | |
| 20 | 21 | OPEN | 50 m Stroke of Choice | | | | |
| TIME-TRIAL EVENTS | | | | | | | |
| 22 | MIXED | 8 & Under | 25 m Freestyle | 27 | 28 | 12 / 13 Years | 50 m Freestyle |
| 23 | 24 | 9 & Under | 50 m Freestyle | 29 | 30 | 14 / 15 Years | 50 m Freestyle |
| 25 | 26 | 10 / 11 Years | 50 m Freestyle | 31 | 32 | 16 & Over | 50 m Freestyle |
| TIME-TRIAL EVENTS | | | | | | | |
| 33 | MIXED | 8 & Under | 25 m Kickboard | 34 | MIXED | 8 & Under | 50 m Kickboard |
| HANDICAP EVENTS | | | | | | | |
| 35 | MIXED | 10 & Under | 50 m Breast / Butterfly | 38 | 39 | 16 & Over | 50 m Breast / Butterfly |
| 36 | 37 | 11 - 15 Years | 50 m Breast / Butterfly | | | | |
| TIME-TRIAL EVENTS | | | | | | | |
| 40 | MIXED | 8 & Under | 25 m Backstroke | 45 | 46 | 12 / 13 Years | 50 m Backstroke |
| 41 | 42 | 9 & Under | 50 m Backstroke | 47 | 48 | 14 / 15 Years | 50 m Backstroke |
| 43 | 44 | 10 / 11 Years | 50 m Backstroke | 49 | 50 | 16 & Over | 50 m Backstroke |
| HANDICAP EVENTS | | | | | | | |
| 51 | 52 | 10 & Under | 50 m Freestyle | 55 | 56 | 16 & Over | 50 m Freestyle |
| 53 | 54 | 11 - 15 Years | 50 m Freestyle | | | | |
| 2 X 50 Metre TIME-TRIAL RELAYS | | | | | | | |
| 57 | Same or Mixed Gender PAIRS RELAYS | | | COMBINED Ages: 20 Years & Under | | | |
| 58 | Same or Mixed Gender PAIRS RELAYS | | | COMBINED Ages: 24 Years & Under | | | |
| 59 | Same or Mixed Gender PAIRS RELAYS | | | COMBINED Ages: 50 Years & Under | | | |
| 60 | Same or Mixed Gender PAIRS RELAYS | | | COMBINED Ages: 50 Years & Over | | | |

- ❖ **AN ENTRY TIME MUST BE PROVIDED WHEN ENTERING HANDICAP EVENTS**
- ❖ **WHEN ENTERING BREASTSTROKE / BUTTERFLY EVENTS PLEASE NOMINATE THE SELECTED STROKE & ENTRY TIME**
- ❖ Handicap Events will be judged using zero time method
- ❖ Swimmers competing in Dash for Cash are required to enter at least two other events
- ❖ Monetary award for winners of both Event 20 and Event 21 Dash for Cash
- ❖ Pairs Relays will start in the water at the shallow end of the pool
- ❖ Where events are amalgamated due to insufficient entries in an event, medals will be awarded according to publicised age groups.



Entries: Individual Event: \$10.00 Pairs Relays: \$15.00

OPTIONAL METHODS OF ENTRY:

- ❖ **TryBooking:** <https://www.trybooking.com/BOBGZ>
- ❖ **Email:** laraentries@gmail.com

Electronic Banking Details: Lara Swimming Club Bendigo Bank BSB: 633-000 Account Number: 105409791

Entries Close 9:00 pm Wednesday 24th February 2021

Programs & Proposed Timeline: Available on Lara Swimming Club Website Friday 26th February 2021: www.laraswimmingclub.com.au

Limited Number of Programs will be made available for purchase on the Day: \$5

Pool Entry: No Cost

Enquiries: Carnival Secretary Lara Swimming Club: Mary Voss Phone: 0413 808 738

